Llengua estrangera: anglès
Sèrie 2

Dades de la persona aspirant

Cognoms i nom

DNI

Qualificació
A. Read the text below and choose the correct answer. Draw a circle around the letter corresponding to the right answer.
[1.25 marks: 0.25 marks for each correct answer]

Why Dads Don’t Talk about Balance

Several LinkedIn Influencers weighed in on the topic of working parents this week. Here’s what two of them had to say.

Sallie Krawcheck, chair of Ellevate Network and Ellevate Asset Management

“I spent one weekend away with each of the kids every year… for the most part these weekends are remembered fondly,” Krawcheck wrote. “Getting away from the routine meant everything.”

“I convinced my husband early on… that when one of the little ones woke up in the middle of the night and screamed ‘Mommy!,’ they actually meant ‘Parent of either gender’. We took turns finding the pacifier, getting the glass of water, looking for the monster under the bed, and it made all the difference,” she wrote.

“When they had real health challenges, I dropped everything. When my son was in the hospital, I didn’t leave the hospital until he left the hospital. When my daughter was confined to a darkened room for her concussion, I was confined to the same darkened room for her concussion,” Krawcheck wrote. “I was grateful that I had built the kind of career that enabled me to do this.”

Wade Burgess, vice president of talent solutions at LinkedIn

Burgess offered his own practical ways to “deal with things that men simply don’t bring up due to the strange social implication that work/life balance isn’t as much of an issue for men as it is for women.”

Among them:

“Forget balance. I have not found the concept of balance to be particularly helpful or practical… I consider building an enriching life similar to orchestrating beautiful music,” wrote Burgess.

“Set priorities. If you know your priorities in advance it’s much easier to choose when you must… I’ve established in order of importance my spiritual life, marriage, children, and work,” he wrote.

“Set boundaries. What this really means is you have to be comfortable saying no. When I’m working in my local office I take a 5:04 pm (17:04) train home. Every day,” Burgess wrote. “This means I may need to take some meetings (even video conferences) on the train. Well worth the tradeoff of being home to play ball or swim with my kids before dinner.”

“Pre-game. Just as you mentally prepare to walk into an important engagement at work, take a moment to adjust your mindset when engaging with your family,” he wrote.

Text adapted from an article published by BBC News [on-line]
(June 26, 2015)

1. According to Sallie Krawcheck, every year she spent a weekend with each of her kids because

   a) this way it was cheaper.
   b) the kids behaved properly and were under control.
   c) stop doing the usual things was really good.
2. Any time Sallie's kids asked for help, they meant
   a) "come on mom! Don't let me wait!"
   b) "I need my parent's help, whether mom or dad."
   c) "is there any ice cream on the fridge? I'm hungry!"

3. Wade Burgess had a clear idea about balance:
   a) it is not helpful or practical.
   b) it is helpful and practical.
   c) it is absolutely absurd.

4. Wade Burgess' priorities start by
   a) his family's spiritual life.
   b) his couple and his kids.
   c) his own spiritual life.

5. According to Mr. Burgess,
   a) take into account the importance of keeping some work to do at home.
   b) feel free to say no, set boundaries.
   c) there is no problem in postponing a meeting, other professionals will understand it.

B. Choose the word or definition (a, b, c, or d) that best explains the meaning of the words below as they are used in the text. Draw a circle around the letter corresponding to the right answer. The words appear in **bold** in the text.

[1.25 marks: 0.25 marks for each correct answer]

1. **dropped** (line 11)
   a) gave up   b) wrote down   c) fell   d) wondered

2. **confined** (line 13)
   a) desperate   b) captive   c) crazy   d) adjusted

3. **succeed** (line 15)
   a) accomplish   b) happen   c) remark   d) postpone

4. **bring up** (line 18)
   a) grow up   b) fake   c) refer to   d) expect

5. **mindset** (line 32)
   a) attitude   b) motto   c) space   d) journey
C. Read the text below and choose the correct answer. Draw a circle around the letter corresponding to the right answer.
[2.50 marks: 0.25 marks for each correct answer]

Square Root of Kids’ Math Anxiety: Their Parents’ Help

According to a study of first- and second-graders, ____1____ in Psychological Science, children of highly math-anxious parents learned less math and were more ____2____ to develop math anxiety themselves, but only ____3____ their parents provided frequent help on math homework.

Researchers tested 438 ____4____ from 29 public and private schools ____5____ three Midwestern states for math ability as ____6____ as math anxiety, at the beginning ____7____ end of the school year. Their parents completed questionnaires about math anxiety, and about how ____8____ they helped their children with homework.

So much for good intentions. The ____9____ the math-anxious parents tried to work with their children, the worse their children did in math, slipping more than a third of a grade level behind their peers. And the children’s weaker math achievements increased ____10____ nascent math anxiety.

Text adapted from an article by

1. a) publish    b) publishes    c) published    d) publishing
2. a) like      b) likely     c) alike       d) ahead
3. a) when     b) how      c) why        d) also
4. a) child     b) children  c) cows       d) brokers
5. a) close     b) far       c) in         d) forever
6. a) good     b) slow      c) well       d) innocent
7. a) off      b) as        c) if         d) and
8. a) soon     b) often     c) would      d) will
9. a) more     b) moreover  c) future     d) furthermore
10. a) their    b) her       c) his       d) ourselves

D. Write 80-100 words about ONE of the following topics:
[5 marks]

1. Write an opinion essay on the boundaries and priorities in your own life. Give reasons for your answer.

2. Write a fictional narrative essay describing your current life, from the point of view of your opposite sex (as a man if you are a woman, or as a woman if you are a man). Describe your habits, friends, hobbies, interests, etc.